

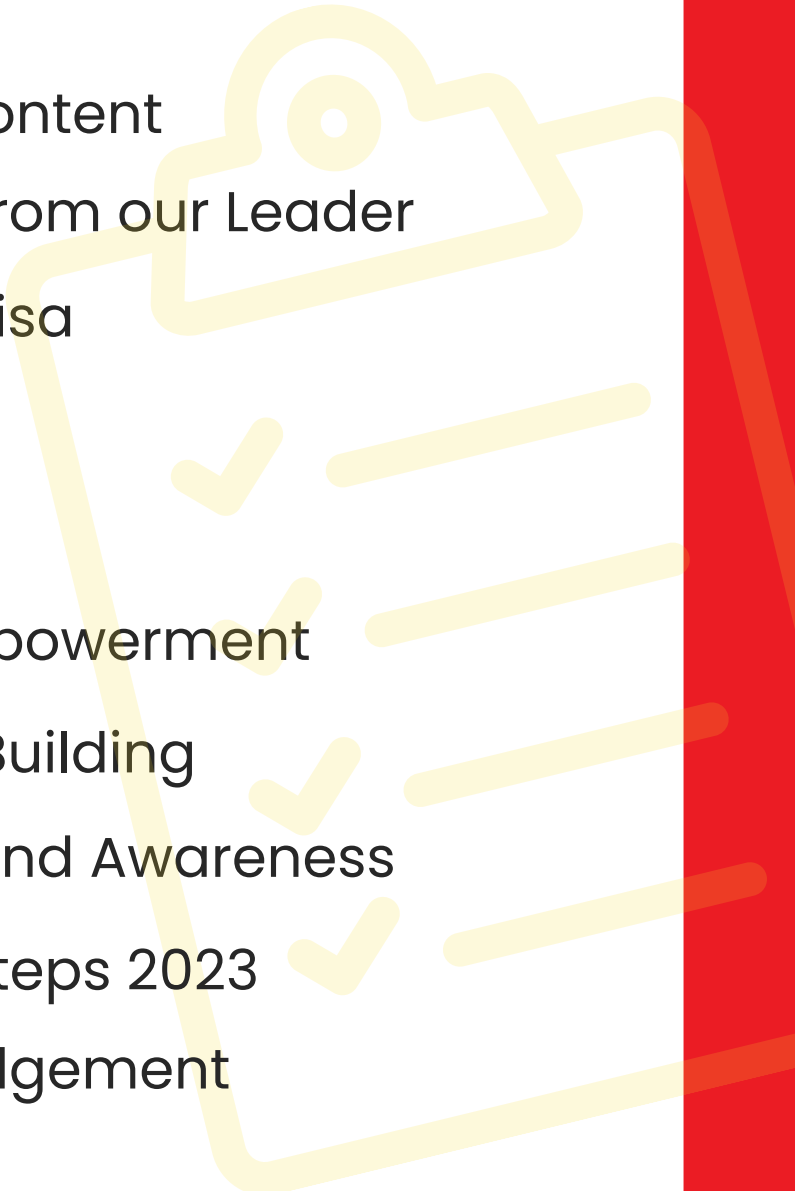


MUKISA FOUNDATION

Annual Report

2022

Table of Content



02	Table of Content
03	Message from our Leader
04	About Mukisa
07	Health
10	Education
12	Family Empowerment
14	Capacity Building
15	Advocay and Awareness
16	Our Next Steps 2023
17	Acknowledgement

Message from our Leader

Congratulations upon coming to the end of 2022! I hope that it has been a good year for you.

Here at Mukisa, it has been a busy and very successful year inspite of the challenges of the looming fears of another wave of covid -19 and the Ebola epidemic that threatened to shut us down once again. We overcame them both and were able to exceed our targets for the year!

Being the last year of our five-year strategic plan (2018-2022), the team spent a lot of time on reviewing our performance in the last five years and are very happy to note that we scored very highly against all our objectives as will shared in the impact report later this year. We have also been able to refine our vision, mission, and objectives as you will see in this report.

We are moving forward with more clarity and renewed energy, with the desire to do more, serve better and to ensure that all children with disabilities achieve their full potential in strong, resourceful and resilient families. This is a very ambitious dream, but we are more than confident that with your help we can achieve it and much more.

Wishing you Health, Wealth, and every

Blessing,
Florence Namaganda
Director.



Florence
Namaganda

“

We are moving forward with more clarity and renewed energy, with the desire to do more, serve better and to ensure that all children with disabilities achieve their full potential in strong, resourceful and resilient families.

WHO WE ARE

MUKISA FOUNDATION , is a Non-Government Organization (NGO) founded in 2006 to address the challenges faced by children with special needs and the their families through provision of quality care and creating awareness to help demystify disability, so as to give children with special needs a chance to achieve their full potential. Over the years, Mukisa Foundation has seen its numbers grow from the first eight children, to over 4000 children and their families, who have been blessed by the receiving of various forms of Therapy and assistance. Although based in Kampala, Mukisa has awider reach through outreaches in Bussi, Luwero and works with a number of partners nationwide. In 2021, Mukisa Foundation in partnership with the Special Children’s Trust added a medical centre under its extensive portfolio. This centre is located in Wakiso district and offers comprehensive and holistic health solutions to the communities with a special emphasis on child and maternal health.

Vision

Children with disabilities thriving in strong, resourceful, and resilient families.

Mission

Empowering families and communities to provide a nurturing and supportive environment for children with Disabilities to live purposeful lives to their full potential.

CORE VALUES



Integrity

Honest and Truthfulness or Accuracy of your Actions



Diligence

The Quality of working carefully and with alot of effort



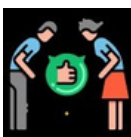
Empathy

Ability to understand and share the feeling of another



Confidentiality

Private information being kept secret



Respect

Due regard for feeling, wishes and Rights of others.



Team Work

Collaborate effort of a group to achieve a common goal

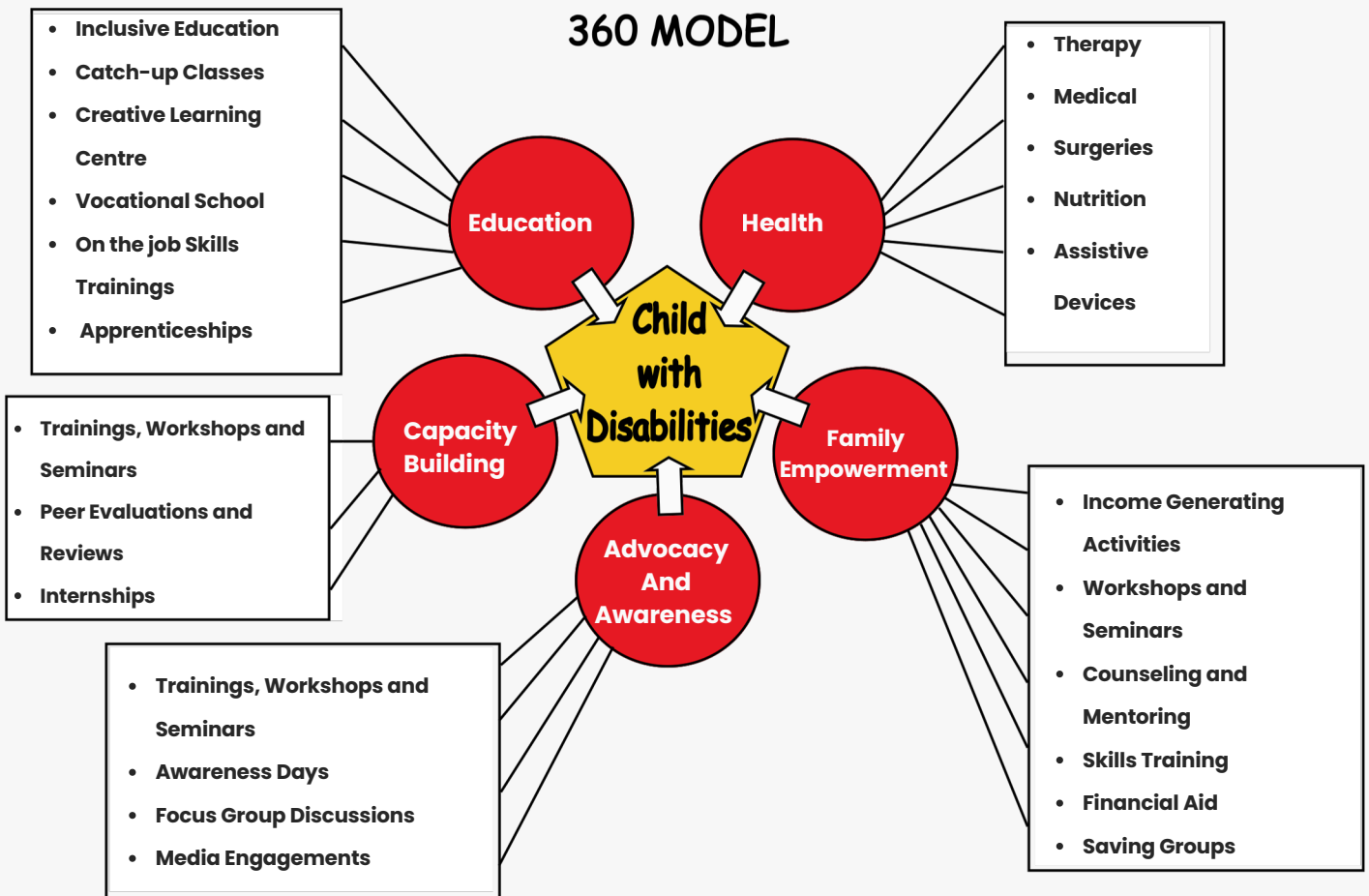
OBJECTIVES

- Increase by 60% the number of CwDs accessing quality health services through Mukisa Foundation and its partners by 2027
- Enhance access to Education for CwDs by 40% in mainstream/special schools in targeted districts by 2027.
- Economically empower at least 75% the families of CwDs to improve their quality of life by 2027.
- Increase by 70% the number of parents and children and other stakeholders participating in advocacy and awareness engagements by 2027
- Increase by 40% the number of trained stakeholders providing quality services to CwDs and their families by 2027.

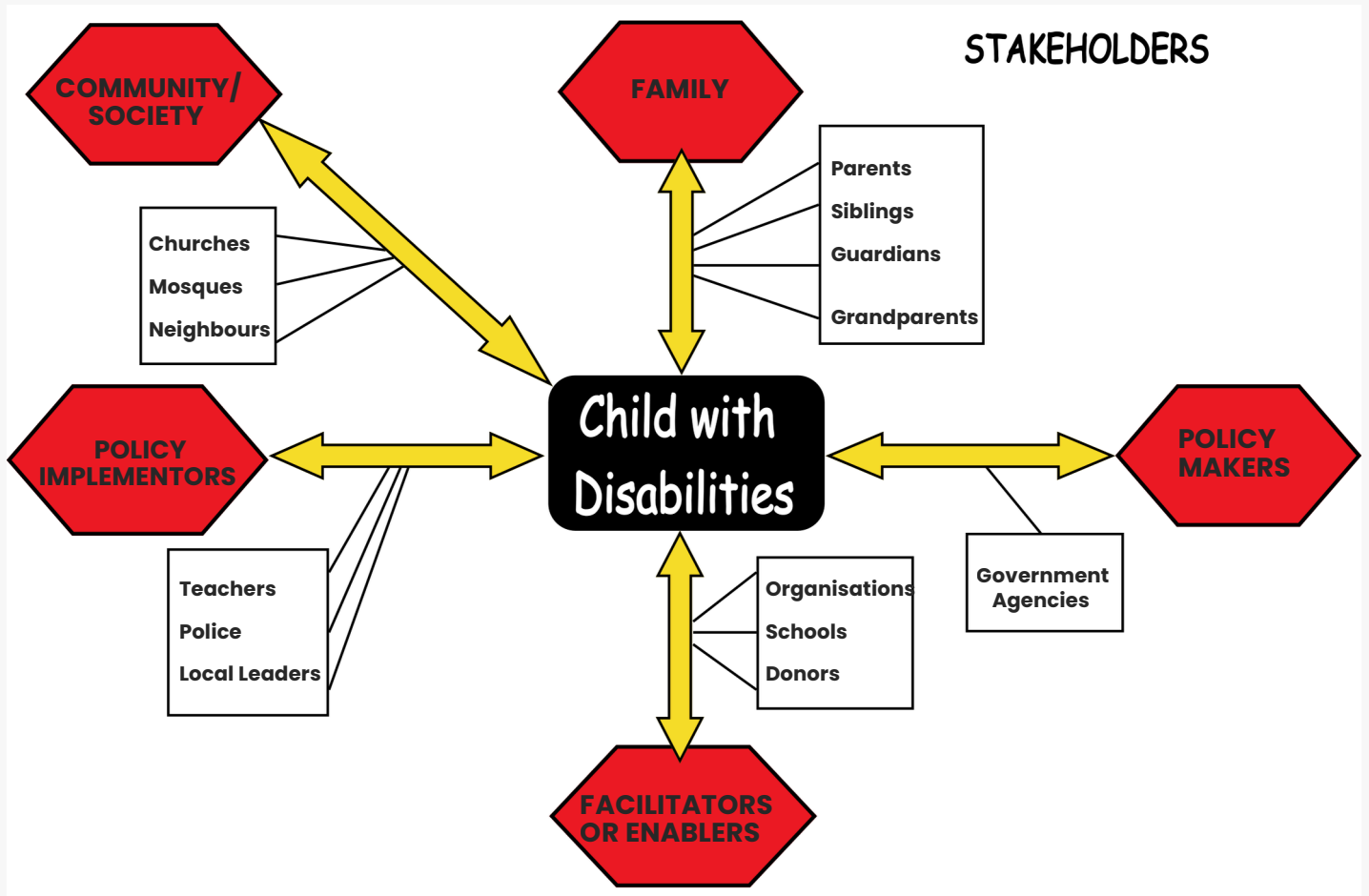
HOW WE WORK

Mukisa works with over 4000 children and families using a comprehensive and holistic childcentered approach, which is in line with the World Health Organisation (WHO) CBR model.

The 360 model comprises of 5 different components/programs, as highlighted below:



WHO WE WORK WITH



WHERE WE WORK



Kampala



Moyo



Masaka



Wakiso



Luweero



Mpigi



Mukono



Nepak



Gulu



Health

Our health Interventions in 2022

Through our Health Programs which include Therapy, Nutritional, Medical care, medical referrals and assistive devices we reached 1664 children

The health team comprises of Two physiotherapists, Two occupational therapists, Two nurses, one midwife, one doctor, A pharmacist, A sonographer, a medical laboratory technician and 54 Village health workers from Wakiso and Bussi Island.

1664 children reached through our health program

VHT Trainings

VHT Trainings with the purpose of improving identification, early detection and interventions, Antenatal and post-natal care compliancy and referrals. These VHTS were trained in Nutrition, disability, case management, reporting and referral processes among others.

54 Village Health workers trained



Health Success Stories

ADONAI MUYINZA ENOCH

Adonai is 3 years old and was delivered through C-section following delayed labour. He had a strong convulsion for 2 days which was managed by anti-consultants from Butabika hospital.

In November 2021 when he came to Mukisa, all his muscles were weak, and hence unable to perform any tasks independently.

With therapy and nutritional support, Adonai now shows improvement and he is independent in most of activities of daily living (self-feeding, transfers, playing with toys) and improvement in speech, language and communication.

Adonai continues taking anti-consultants and anti-seizure medications.



Adonai Muyinza Enoch



Kaweesi Jayson



Agenorwot Ronah

We are glad to report that Jayson and Ronah were discharged from receiving speech and language therapy because they now present with clear and intelligible speech. Jayson started therapy in April 2022 while Ronah started in October 2021.



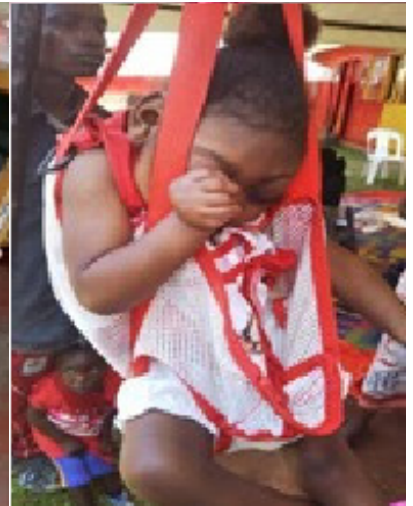
Health Success Stories

Kasemire Hanna Fortunate

On 31.03.2021, Hanna was 2 years and weighed 3.4kgs and MUAC 8.7R. She was then initiated on NAN milk and Aunt porridge for 4 months where a gradual improvement was noticed. Hanna's weight has since doubled. She has a great skin texture and ably does her activities.



Before



After

Some of the children supported with Assistive Devices





Education

464 children reached through our Education program

A total of 464 children with disabilities were reached in this department with school fees, scholastic materials, and psychosocial support. 68 of these students attend the Mukisa school. 40 as vocational students and 28 in the catchup/ accelerated learning classes.





Education Success Stories

Nagawa Jovia

Jovia is 20 years old happy and jolly child who joined Mukisa Foundation at 4 years of age in 2007. She was diagnosed with cerebral palsy and was entirely dependent on the caretaker (mother)

In 2009, she joined Mukisa Catch Up class and was later integrated into Kampala School for the Physically Handicapped in 2014 for Primary One. Jovia sat her Primary Leaving Exams last year where she scored 25 aggregates, a second grade score in the Primary leaving Level.

We hope that Jovia will join secondary school for further studies. Her dream is to become a Lawyer.



Before



After



Mutikke Joram

Joram joined Mukisa in 2011 and was diagnosed with cerebral palsy. He started therapy which was 3 times in a week and after one year, he was put on the home visit program. With intensive therapy, he was able to achieve some milestones.

At 6 years, he was enrolled in pre- primary at Eliana Junior School.

In 2022, Joram sat his Primary Leaving Examinations (P.L.E) and scored 14 aggregates.

Joram will be joining secondary school for further studies.



Family Empowerment

Through our social and economic empowerment programs families are able to understand their child's condition, receive support from fellow parents or siblings through the support groups, learn, start or grow already existing businesses, become able to take care of their family basic needs and save and plan for the future.

580 parents and siblings attended our workshops and seminars throughout the year.

This year we had an increase in number of parents struggling economically due to an increase in commodity prices and cost of living. 3 mothers became homeless with no support from family. They were duly resettled, and rent paid with the hope that they will be able to cover their rent next year.

As part of the livelihoods program, 40 parents received business recovery grants with 18 receiving cash and 28 receiving items in kind to boost their businesses. 4 parents received piglets to add to their farm stock.

100 parents received a month-long training in organic farming after which they were supported with seedlings to start their own backyard gardens.

101 parents are actively saving in the Mukisa self-help saving scheme with a large number of Parents taking part in different village savings and loan schemes in their communities.

Over 960 Households reached through our Family Empowerment program.



Family Empowerment Success Stories



Ddungu Jovan

Jovan is 6 years, and was diagnosed with Autism where he started therapy and was later integrated into the behaviour class.

His mother was one of the beneficiaries of income generating activities boost in terms of capital since she takes care of her 3 kids after her husband lost his job during covid. she was able to set up a vegetable stall which brings in some income to meet her family needs.



Ibra Sseremba

Maama Ibra Sseremba owns a retail shop from which she earns money to take care of her children including Ibra who was diagnosed with Cerebral Palsy since her husband is an absentee father.

she is one of the beneficiaries of the Income Generating Activities grant which helped her boost her retail shop.

she is so thankful to Mukisa Foundation for supporting her through this journey.



Capacity Building

In response to Covid 19, Mukisa and Berakhah medical centre conducted trainings for medical centres in Wakiso district to improve their response to issues regarding Disability ,Malnutrition, Covid-19, Non communicable diseases, Antenatal and post natal care. These were very successful and well attended by 14 community health centres who received protective equipment after their training consisting of Sanitizers, gloves, thermometers, wipes, masks among others.

14 Community Health Centres Supported with Protective Equipment





Awareness & Advocacy

The year started with a very well attended and successful back to school and violence against children campaigns on Bussi Island and Luwero. Thousands of people on the island were reached through the community radios, a village drive and ended with a community dialogues of head teachers, local leaders and key members of the community. 50 children were given school fees and 100 were given scholastic materials to enable them return and stay in school

1783 Students reached through our in-school campaigns.

Over 1,800 people reached during the SCT Awareness Day and Buganda day for disability

Mukisa was a key partner in the organizing and the execution of these two national days. They were attended by ministers for disability, members of parliament, line ministries, Faith, and cultural leaders, like minded organisations, children and persons with disabilities and members of the public. Our director gave a key note speech at the Buganda Awareness day, creating awareness about muscular dystrophy and its effect on the family. Our Mukisa family that is affected by this condition received support in terms of food stuff and a wheel chair from the Buganda kingdom.

Both events were attended by thousands of participants and broadcasted on major media platforms.

Our Next Steps

1

Work in partnership with other organisations providing entrepreneurial skills and funding so as to better support our children.

2

Increase activity in Karamoja Region

3

Offer specialised medical services for children with disabilities.

4

Improve early screening and identification of children with disabilities through Village health teams/ volunteers.

Acknowledgement

None of this would have been possible without the love ,generosity and support of the following Mukisa Angels

We thank you for your continued support !



ROTARY CLUB OF LUBOWA
ROTARY CLUB OF TELGTE



DIE STERNSINGER
KINDERMISSIONSWERK



CONTACT US

Zone3 Kalema Road, Lunguja

+256 772 353 020

+256705 445 565

www.mukisafoundation.org

info@mukisafoundation.org

[@foundmukisa1](https://www.instagram.com/foundmukisa/)

