



Annual Report 2025



*...hope for children
with special needs.*

MUKISA FOUNDATION

Letter from the CEO

The year 2025 was a year of tremendous progress, marked by both achievements and challenges. While the year presented its share of difficulties, these moments created space for reflection, innovation, and growth. As an organisation, we paused to reassess our approaches, strengthened our systems, and emerged more resilient, focused, and intentional in the delivery of our services.

It was also a year of remarkable growth. For the first time in our history, we welcomed 12 new staff members across administration, education, therapy, and support services. This expansion significantly strengthened our capacity to serve children and families more effectively. Through our programs, we directly reached over 5,000 children with therapy services, and many more benefited from integrated medical care, nutrition support, education, and psychosocial interventions.

In 2025, we further strengthened collaboration with government institutions, civil society organisations, and community leaders, enabling us to extend our reach and deliver more holistic, coordinated services. These partnerships have been instrumental in ensuring that children with disabilities receive timely, appropriate, and comprehensive support within their communities.

Our collective efforts did not go unnoticed. We were honoured to receive recognition from local media and the Kingdom of Buganda for our exemplary service and contribution to transforming the landscape of disability inclusion in Uganda. While these acknowledgements encourage us, they also remind us of the responsibility we carry to not only reach more children but also to intentionally engage and inspire like-minded partners to walk this journey with us. Even after 19 years of service, we recognise that the need remains vast, and our work has only begun to address it.

We remain deeply grateful to the partners, donors, networks, and communities whose trust and collaboration have brought us this far. As we step into our 20th year, we renew our commitment to do more, reach further, and work more boldly to ensure that children with disabilities are supported to thrive and reach their full potential.

This annual report is dedicated to the 23 precious children who did not make it to the end of the year, and to our beloved mentor, Mr. Chris French, whose life and service left an indelible mark on this work. His unwavering belief in local visionaries and his commitment to empowering communities continue to inspire us and guide our mission.

Florence Namaganda,
Founder/ Director, Mukisa Foundation



Influential woman in Uganda

Disability in Uganda

Globally, 16% of the population lives with a disability, including an estimated 240 million children (WHO, 2024). In Uganda, 13–16% of children live with some form of disability, placing them among the country's most vulnerable groups.



Yet many remain excluded from education, healthcare, and essential public services, creating the urgent need for coordinated, multisectoral interventions, that address health, education, social protection, and poverty reduction.

Access to specialised healthcare and rehabilitation services remains limited, costly, and inequitable. While new service providers have emerged in recent years, many operate at a small scale, are fragmented, and reach only a few children. Weak regulation and limited quality monitoring pose serious risks, as inappropriate or substandard interventions can result in significant harm. The absence of coordination across providers prevents the delivery of the comprehensive, multidisciplinary care required for children with disabilities to survive and thrive.

Families and caregivers bear a heavy and often invisible burden of care. Parents shoulder long-term physical, emotional, and financial responsibilities, frequently with minimal support. In Uganda, the cost of caring for a child with a disability covering transport, therapy, medications, assistive devices, specialised nutrition, and caregiving can range from UGX 200,000 (\$56) to over UGX 1,000,000 (\$278) per month, far exceeding the capacity of most households. Many caregivers are forced to reduce or abandon income-generating activities, deepening poverty, stress, and social isolation, and perpetuating cycles of vulnerability.

Educational exclusion remains widespread due to a shortage of teachers trained in inclusive education. In 2025, the Ministry of Education and Sports introduced a Continuous Professional Development (CPD) package to strengthen inclusive practices. Mukisa Foundation complemented this effort through specialised disability training for Teachers and Community Health Workers, supporting the creation of inclusive learning environments where children with disabilities can learn and succeed.

Persistent stigma and harmful social norms further marginalise children with disabilities. Girls with disabilities face heightened risks of sexual exploitation and early pregnancy, compounding their vulnerability. Community sensitisation and awareness initiatives remain essential to reducing stigma, strengthening protection, and promoting inclusion and dignity.

Although Uganda has progressive legal and policy frameworks protecting the rights of persons with disabilities, implementation and enforcement remain weak. Realising these rights requires sustained political will, adequate financing, and strong monitoring and accountability mechanisms. Mukisa Foundation addresses these interconnected challenges through its 360° Model, integrating health, education, socioeconomic empowerment, awareness, and advocacy. This approach recognises that children with disabilities can only thrive when their families and caregivers are also supported. Through this model, Mukisa has expanded access to healthcare, nutrition, therapy, caregiver support, and community awareness. This annual report highlights our achievements, the tangible impact of your support, and our shared journey ahead towards a future where children with disabilities and their families thrive in strong, resourceful, and resilient communities.

About Us

Vision

Children with disabilities thriving in strong, resourceful, and resilient families.

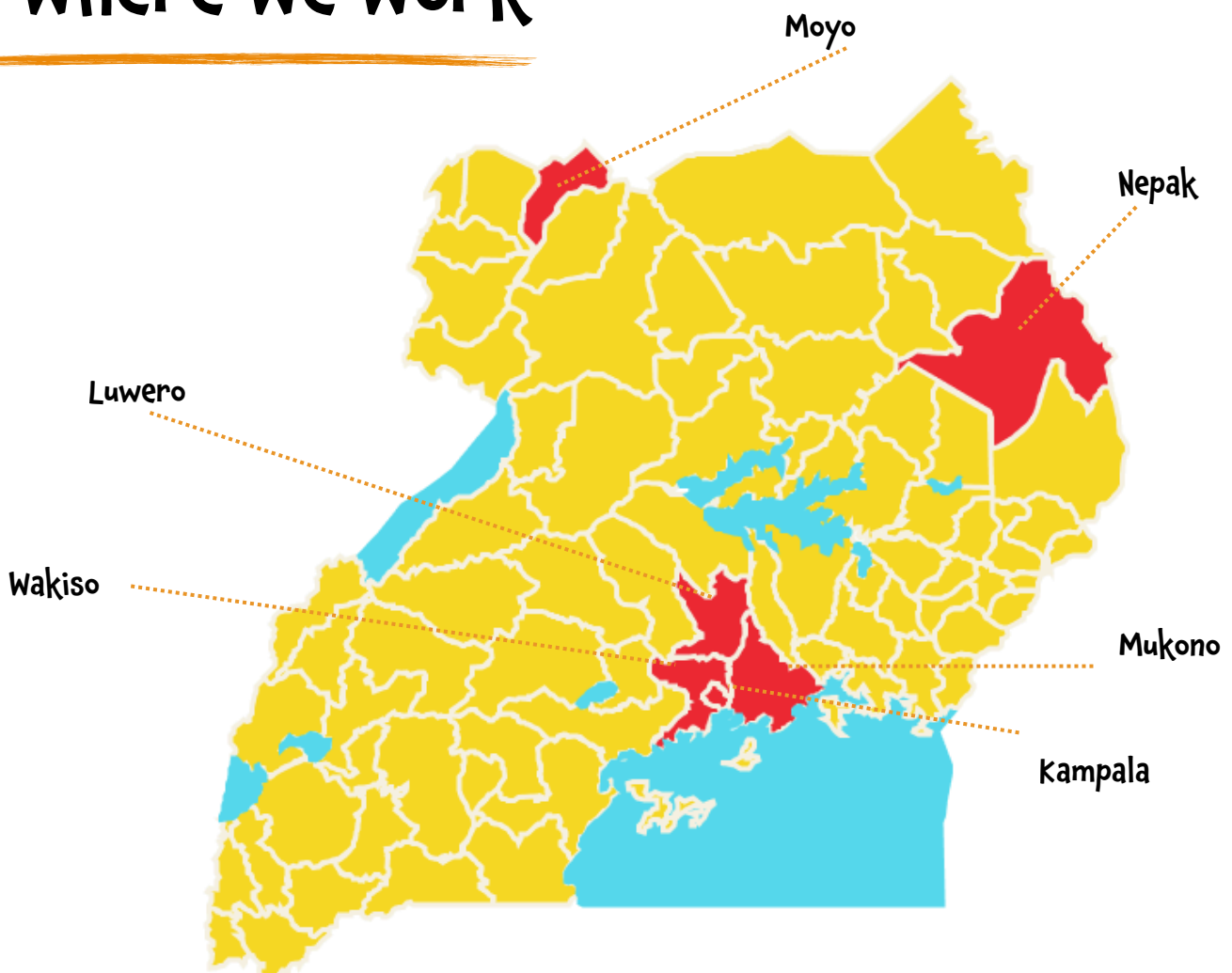
Mission

Empowering families and communities to provide a nurturing and supportive environment for children with Disabilities to live purposeful lives to their full potential.

The Mukisa Foundation is a non-governmental organisation [NGO] based in Kampala Uganda, that enables families with children who have disabilities to provide a nurturing and supportive environment so they can lead full and purposeful lives. Mukisa Foundation uses a holistic child-centered 360 model that includes Health, Education, Social Economic Empowerment, Advocacy and Awareness programs.

Mukisa Foundation was founded in 2006 as a small drop-in centre with 8 children, but now serves over 5000 children in Kampala, various Outreach Locations and through Partnerships with other Organisations in rural and hard to reach areas.

Where We Work



Our 360 Approach

Mukisa works with over 5,000 children and families using a comprehensive and holistic child-centered approach, which is in line with the World Health Organisation (WHO) CBR model.

The 360 model comprises 4 different components/programs, as highlighted below:





Program Highlights

Health

Overview

Mukisa Foundation runs a broad health program that supports children with physical and intellectual disabilities such as Cerebral Palsy, Hydrocephalus, Down Syndrome, Epilepsy, and other complex conditions. The aim is to give every child access to good healthcare that prevents avoidable deaths, limits complications, and helps them grow to their full potential.

Medical care, nutrition, assistive technology, and surgical support are key to helping children thrive. Many require one or more of these services at different stages of life. Our team works closely with families, offering ongoing follow-up and practical guidance to support daily care.

The program is delivered by a skilled medical team across our centres, including the Mukisa Drop-in Centre, Mukisa Inclusive Village, and Berakhah Medical Centre, as well as through community visits and home-based support.

Berakhah Medical Centre, with a special focus on maternal and child health, continues to prioritise early screening, timely treatment, and vital services. These efforts improve coordination and ensure children receive timely, holistic, and integrated care.

Through our chronic care program, children living with long-term conditions such as epilepsy and other psychiatric disorders receive regular medical refills and nutritional support, helping them maintain stability and improve overall wellbeing.

A key highlight this year has been our partnership with Rubaga Hospital, which has enabled us to heavily subsidise essential medications. Treatments that were once unaffordable are now accessible to hundreds of families. This partnership has improved children's health outcomes and eased the financial strain on caregivers, allowing families to redirect savings toward food, education, and other household needs.

Among the new beneficiaries are two single mothers who recently joined our epilepsy program. Before enrolling, each was spending nearly USD 200 per month on medication for their children. Today, through our program, they spend as little as USD 2 monthly, a life-changing difference that brings stability and dignity to their families.

5,015

children received
Physio, Occupational,
Speech and Behaviour
therapy

1,284

children were
reached through
our Home Based
Care Program

224

Assistive Devices
distributed

31,694

meals served

3,094

children given
nutritional medical
refills and general
medical care

Health

Therapy and Rehabilitation

Our health programme includes a wide range of therapeutic support, such as, Physiotherapy, Occupational Therapy, and Speech and Language Therapy.

These services are designed to support children facing developmental, physical, and communication challenges, enabling them to achieve their highest possible level of independence.

Each child receives a personalised assessment and plan, delivered at our centres, in homes, or through outreach clinics. Our therapists work closely with families, sharing simple techniques that improve safety, daily function, and progress. This includes guidance on the use of assistive technologies, such as, wheelchairs and walkers, to enhance mobility and independence.

Through this approach, we have supported 5,015 children, with 224 receiving assistive devices.

Home Based Care

Our team continued to bring care directly into homes throughout 2025, supporting children with disabilities through coordinated visits from Education, Social Economic Empowerment and Health professionals. By meeting families where they are, the team offered follow-up care, arranged hospital appointments, assessed needs, and delivered therapy within the community.

In total, 1,284 children were reached, ensuring they received the care and guidance needed for their growth and well-being while maintaining progress and preventing setbacks.

This home-based care program not only supports ongoing care but also equips families with practical skills to confidently care for their children each day.



Health

Berakhah Medical Centre:

Berakhah Medical Centre offers both primary healthcare and specialised services, with a strong focus on maternal and child health, as well as an emphasis on the prevention of infant and maternal mortality, early screening, intervention solutions and prevention of disability amongst children.

We provide comprehensive care for children diagnosed with mental health-related conditions, such as, epilepsy and psychosis. Our services include: Assessment and Review of each child's condition, Medication Refills for ongoing treatment and Initiation of new patients on appropriate medication. The medications provided include anticonvulsants, antipsychotics, and immune supplements. In addition, we emphasise follow-up care to monitor drug usage, manage potential interactions, and ensure adherence to treatment plans

As we continue to grow, Berakhah is evolving into a centre for disability prevention and management. Children with disabilities receive comprehensive medical care, therapy, and additional support ensuring that no child is left behind.

Our Mobility Hub further enhances independence by providing assistive devices, such as, wheelchairs, walkers, standing frames, and therapy tools.

We launched Nutrition Clinics to continue monitoring children faced with malnutrition, to monitor progress and ensure timely nutrition supplements and refills.

We organised medical camps and outreaches in collaboration with local communities, churches, and partner organisations, to bring combined medical and therapeutic services closer to those who need them most. Each outreach is carefully tailored to address the specific needs of the community and may take place at various locations, determined by local demand.

5,936 patients received medical care at Berakhah in 2025. Looking ahead, we aim to expand our services by constructing a surgical theatre and widening our diagnostic capabilities, enabling us to meet even more health needs within our facility and reduce the burden of referrals.

5,936

patients served through Berakhah Medical Centre.

3,454

served through Outreaches and Medical Camps

3,450

children given deworming medication

136

mothers received ante-natal care

21

healthy babies delivered safely

207

children given immunisations

Education

For more than 15 years, the Mukisa Education Initiative has helped children with disabilities build skills, confidence, and brighter futures. Many of our graduates now work, run small businesses, or continue their studies in both mainstream and specialised schools. We also offer health and social support so every child can grow and learn with dignity.

Catch-Up Education Programme

Children with disabilities often face multiple barriers that disrupt early learning, including complex medical needs, limited access to inclusive early childhood education, and persistent societal stigma. Without early intervention, these challenges can widen developmental gaps and reduce opportunities for successful integration into mainstream education.

Our early intervention programme supports children under the age of nine through a structured focus on Numeracy and Literacy, Self-Care and Personal Development, and Social Behaviour and Interaction. These foundational areas are critical in strengthening functional skills, building independence, and preparing children for entry into mainstream schooling.

This year, 26 children enrolled in our catch-up classes as part of their transition pathway into inclusive mainstream schools. Through individualized support and targeted learning, they are gaining the academic, social, and adaptive skills necessary to thrive in formal education settings.

We are especially excited to have launched a new catch-up class on Bussi Island, enrolling 8 children in its first cohort. For many of these children, access to structured early learning opportunities was previously out of reach. This expansion ensures that children on Bussi Island can now benefit from the same quality preparatory support as their peers in Kampala.

Creative Learning and Vocational Skills Centres

Our centres in Kampala and on Bussi Island welcome adolescents aged 13 and above into a hands-on vocational training programme. The curriculum includes social and life skills, tailoring, hairdressing, art and design, crop and animal husbandry, catering and hospitality, and childcare. Courses run for three years, with flexibility for individual needs. Upon completion, learners receive certification from the Uganda Vocational and Technical Assessment Board and a starter kit to launch their own enterprises.

A total of 36 learners are currently enrolled, and 2 completed their training with recognised certificates.

Education Sponsorship

Through donor support, we offer scholarships to children with disabilities and their siblings from low-income households. This year, 157 children received sponsorship.

We remain committed to expanding access to education and creating more opportunities for children with disabilities to thrive.

157

children supported through our Education Program

70

children and youth enrolled in Catch-Up, Accelerated Learning and Vocational Training Programs

2

learners graduated with certificates in Vocational Training.

211

Teachers and Village Health Team members received trainings



Education

Youth Enterprise Initiative: Briquette Making

After winning \$5,000 as one of the top ten winners in the National Entrepreneurship Competition in 2024, the Jericho Breakers, a group of vocational class students, continued their inspiring message of environmental conservation, whilst also developing the initiative into a sustainable income throughout 2025.

In 2025, Mukisa launched Briquette Making as an innovative income-generating activity for young people under our vocational program, which was spearheaded by the Jericho Breakers. The initiative involves producing briquettes from waste materials collected in the nearby Kosovo slum, an underdeveloped community near Mukisa Foundation and a densely populated area, prone to flooding and water-borne diseases, due to improper garbage disposal. Through the briquette project, children with disabilities are taking the lead in promoting environmental sustainability by cleaning up the water channels and demonstrating proper waste disposal practices in the community. By collecting and sorting the garbage, extracting waste materials that can be recycled and turning them into briquettes, they are not only changing mindsets and making a lasting impact in the nearby communities, but also developing a sustainable income.

Learners actively participated in every stage of production, and with this hands-on experience, they are gaining practical knowledge in quality control, business management, and sustainable practices. This initiative is paving the way for financial independence and entrepreneurial growth, while addressing community energy needs through affordable, eco-friendly fuel alternatives. We eagerly anticipate the continued success of the Jericho Breakers and their commitment to promoting practices that benefit both the environment and the community.



Social-Economic Empowerment

Families of children with disabilities often face significant poverty due to limited access to stable employment, inadequate educational opportunities, stigma, and the added financial burden of caregiving. To address these challenges, Mukisa Foundation launched an integrated programme combining psycho-social support, entrepreneurship training, personalised mentorship, and cash-based interventions. This approach meets both immediate financial needs and promotes long-term economic empowerment.

Self Help Groups

The program operates through Self-Help Groups (SHGs), where parents engage in activities, such as, Savings and Credit Schemes, Vocational Skills Development, and Financial Management Training. Groups like Kwagalana Liquid Soap and Events, Hope Savings and Loans, and Kwagalana Skillset exemplify this model.

In 2025, we conducted SHG Training Workshops and Business Idea Pitching Sessions to strengthen engagement and empower members with practical skills for sustainable entrepreneurship.

Following the training, SHG members showcased their creativity through a Business Ideas Pitching Session. Among five participating groups, Mukisa Achievers and The Beauty Parlour emerged as top performers, each receiving a UGX 3,000,000 revolving grant to scale their ventures.

In December, we successfully registered the self help groups with Ministry of Gender, Labour and Social Development, enabling groups to open bank accounts and apply for funding at local and national levels, an important step towards sustainability and financial independence.

[View our Self Help Trainings](#)

Kwagalana Savings Group

Kwagalana Savings Group: This group helps parents save for their children's needs and developmental goals. By the end of 2025, 68 parents collectively saved Ugx.35,936,694.

\$10,200

saved through the Kwagalana Saving Group

8

active Self Help Groups with 2 being awarded revolving funds of Ugx. 3,000,000

446

hosted on siblings days

178

mothers hosted for a pampering day

67

hosted for a Fathers' Breakfast



Social-Economic Empowerment

Pampering Day

With appreciation for their resilience and devotion, 181 mothers of children with disabilities came together for their annual pampering day at Mukisa Inclusive Village on Bussi Island (30/07/2025) and in Kampala on 22/08/2025.

These events, themed “Beauty of Motherhood,” provided mothers with opportunities for joy, rest, and self care, through massage, manicures, pedicures, and thoughtful gifts, including clothing and basins. The inclusion of games and shared experiences fostered a supportive community where mothers could bond, relax, and feel recognised for their dedication. The positive feedback received recognises the value of these gatherings in promoting emotional wellbeing and peer support among mothers of children with disabilities.

“I feel seen and appreciated. This is the first time someone has done something just for me and the love you show our children and care”. [Mrs. Namusoke Noeline.](#)

Please watch here

- [Pampering day MIV](#)
- [Pampering day Kampala](#)

Fathers Breakfast

In June 2025, a total of 67 fathers from Kampala and Bussi island were engaged to strengthen their knowledge and support their families. In Kampala, 40 fathers explored disability awareness and the basics of will writing, showing real curiosity and commitment to learning. On Bussi island, 27 fathers focused on caring for their children and creating a safe, nurturing home. Both events sparked open conversations and offered useful ideas the fathers could take home.



Social-Economic Empowerment

Siblings' Days

Siblings' Day is part of the Social Economic Empowerment program, taking place during school holidays to help brothers and sisters of children with disabilities understand their siblings' needs, as well as learning how to support them at home and within the community. This year, three Siblings' Day events were held, two in Kampala and one at the Mukisa Inclusive Village.

The events, held in May and September, brought together 446 participants, including 322 at the Kampala Centre and 124 at Mukisa Inclusive Village.

Participants engaged in:

- Hands-on vocational activities
- Training on the role of sibling ambassadors
- First aid, safeguarding, and support strategies provided by My Doctor Africa
- Practical income-generating skills, such as, hair shampoo production and yogurt making

The events featured interactive sessions on disability awareness, management strategies, and career pathways. Several sibling ambassadors and candidates for vocational programs were identified during these sessions.

Overall, Siblings' Day strengthened connections, encouraged inclusion, built confidence, and empowered young people to play an active role in supporting disability inclusion within their families and communities.



Follow the links for more details about the event

[SIBLINGS DAY 2025](#)

[SIBLING VOWS](#)



“ I initially struggled to understand and accept my sibling's disabilities, but connecting with other siblings helped me realize I wasn't alone. Through shared experiences, I learned that my feelings were valid and that I have an important role in making my sister feel loved, included, and valued. ”

Advocacy & Awareness

10th Annual Awareness Day

Mukisa Foundation continues to lead efforts in advocacy and awareness across Uganda, working to build safe, supportive communities where children with disabilities can grow and reach their full potential.

Together with partners under the Special Children’s Forum, we marked the 10th Anniversary of this collective movement under the theme “Inclusion Cannot Wait.” The celebration opened with a lively awareness march through the busy streets of Jinja Road in Kampala, calling attention to the rights and inclusion of children with disabilities. The day ended at the MTN Sports Arena, where children enjoyed games, fun activities, and entertainment, along with dialogue sessions involving key stakeholders from Parliament, Government Ministries, the Uganda Police, and Civil Society Groups.

A key highlight of the day was the presentation of an Issue Paper to Members of the Parliamentary Committee on Disability, addressing critical concerns affecting persons with disabilities. The paper called for tax exemptions on essential items, such as diapers, wheelchair spare parts, and sunscreen, and highlighted the limited availability of essential drugs for chronic conditions, like epilepsy, in government hospitals. It also challenged the exclusionary policy that denies tax free car importation to persons with disabilities who are unable to drive themselves.

We remain committed and optimistic that this paper will soon reach the Parliamentary floor, moving forward important reforms that will improve life for children and persons with disabilities across Uganda.

1,731

individuals participated in Advocacy and Awareness campaigns

1

Issue Paper presented to Members of the Parliamentary Committee on Disability



Our Director (L) presenting the issues paper to the Parliamentary Committee for Disability

Partnerships and Collaborations

The Global Disability Summit

On 17th September, Mukisa Foundation's Director represented the organisation at the launch of Uganda's renewed commitments to the Global Disability Summit. This high level event brought together Government Ministries, Development Partners, Civil Society, and International Agencies, marking the start of a four-year national plan for disability-inclusive development.

The Government of Uganda pledged to allocate up to 15% of the national budget to programs benefiting persons with disabilities and to strengthen the implementation of disability services.

Mukisa Foundation's participation highlights our active role in shaping national policy and advocacy.

We remain committed to working with government and partners to translate these commitments into practical, community based actions that improve the lives of children with disabilities and their families.



Follow links for more details about the events

[10th ANNUAL AWARENESS DAY](#)

[AFRICAN DISABILITY SUMMIT](#)

African Disability Summit

From 10th – 12th February, 2025, we participated in the African Disability Collaboration (ADC) Summit in Moshi, Tanzania, under the theme "Inclusion and Lifelong Learning." The summit convened over 580 participants from across Africa and beyond, focusing on equitable education, vocational training, and economic opportunities for children and youth with disabilities.

Our Key Contributions included,

- **Advocacy and Awareness:** We took part in an Awareness Day and contributed to assembling assistive devices at Kyaro Assistive Tech in Arusha, directly supporting accessibility solutions for persons with disabilities.
- **Panel Engagement:** We participated in high level discussions, emphasising collaboration, knowledge sharing, and innovative approaches to disability inclusion.
- **Learning Visit:** We experienced a transformative visit to Gabriella Centre, gaining insights into sensory therapy, vocational training, and holistic disability care, knowledge we aim to integrate into our programs.

Our participation in ADC Summit 2025 expanded our network of partners and equipped us with practical strategies to enhance vocational training and assistive technology access for children with disabilities in Uganda.



Partnerships and Collaborations

Mukisa Foundation's Ongoing Commitment to Inclusion and Advocacy

In 2025, we strengthened our role in awareness, advocacy, and community empowerment through a series of impactful initiatives:

- **Awareness Campaigns:** We actively participated in national and global observances, including World Down Syndrome Day, to promote understanding and acceptance of children with disabilities.
- **Capacity Building:** We organised a resource building workshop through the Special Children's Forum, for partner Organisations, equipping them with tools and strategies to enhance disability inclusion.
- **Medical Outreach** organised by Sudan Doctors for Peace and Development (SDPD): Together we addressed pediatric disabilities and provided technical expertise in assistive device provision, ensuring children with disabilities received tailored support.
- **National Advocacy:** We engaged in policy dialogues and community mobilisation under the Community Health Partners Coalition Uganda, with the Ministry of Health, to strengthen health systems and ensure disability inclusive practices at all levels.
- **Legal Empowerment:** We partnered with Barefoot Law to help families understand and access legal services, safeguarding the rights of children with disabilities.

These efforts reflect our continuous participation in advocacy campaigns and underscore the impact of 2025 initiatives in driving inclusion, building capacity, and empowering families.



Organisation Update

Team Updates - the growth of our team

In 2025, Mukisa Foundation welcomed 12 new staff members, strengthening our ability to serve children with disabilities and their families. This growth brings fresh skills and new perspectives that help us: deliver stronger Health and Education programs, offer more personalised support, and expand our community work for greater impact. This growth demonstrates our ongoing promise to increase the quality and reach of our services.



Norman Ssemambo
Administrator



Mathias Muguli
Physiotherapist



Franco Waiswa
Occupational Therapist



Difasi Mbusa
Orthopedic Technician



Flavia Namaalwa
Administrator, MIV



Gertrude Kuseka
Social Worker



Rebecca Tendo
Teacher



Patricia Nanyonjo
Teacher



**George Sseruta
Kizza**
Teaching Assistant



**Evelyn
Natumanya**
Care-giver /chef



**Janepher Grace
Nabukenya**
Care-giver /chef



Maria Nankabirwa
Teaching Assistant

Organisation Update

Capacity Building - Sign Language training

Mukisa Inclusive village staff faced significant communication difficulties while supporting more than seven children who are hard of hearing. In one case, a caregiver of a child undergoing therapy was unable to receive full assistance due to a language barrier, which limited our ability to provide adequate care and guidance.

To address these gaps, we organised a sign language training workshop designed to equip staff with basic skills to communicate more effectively and inclusively. A total of 21 participants, including staff and Village Health Team (VHT) members, participated in the training.

Through this initiative, our team has developed basic skills to engage meaningfully with children and caregivers who are hard of hearing. This represents a significant step forward in our dedication to inclusive service delivery, ensuring that every voice is heard, understood, and valued regardless of ability.

Capacity Building - Disability Awareness and Training

We held a two-day disability workshop at the Mukisa Inclusive Village, bringing together 119 people, including Village Health Teams, Teachers, Caregivers and Staff. The sessions helped everyone understand different types of disabilities, their causes and the value of early detection. Participants took part in hands-on activities that offered simple, practical ways to support children at home and in school. The mix of voices encouraged open sharing, making the learning experience richer for all. Teachers left the workshop ready to bring more inclusive practices into their classrooms. By giving them the skills to notice and respond to different needs, the training helped build a stronger, more welcoming learning environment. Village Health Teams also agreed to improve disability checks and referrals during home visits, helping children get the support they need more quickly. The workshop strengthened awareness, sparked action and encouraged the whole community to work together for children with disabilities.



Breaking Barriers: Hydrotherapy Pool Construction at Mukisa Inclusive Village

We are excited to announce the construction of a hydrotherapy swimming pool at the Mukisa Inclusive Village on Bussi Island. This important development will provide children with disabilities access to hydrotherapy, a gentle approach known to enhance mobility, strength, and overall well-being.

The new facility will make therapy more effective and enjoyable, helping children gain confidence and move more freely. We are deeply thankful for the positive impact this pool will have on their daily lives.

We were also pleased to host several international visitors who significantly contributed to this project, including, Ellen, John Orsbon, James Armson, and Vanessa, who provided valuable support that helped advance the construction and assist children in building their physical abilities and independence.

We are also grateful for the strengthened partnerships that emerged from this collaboration. Their involvement not only enhanced international relationships but also opened pathways for future cooperation.



Expansion of Facilities at Berakhah Medical Centre

What began as a modest kitchen project has evolved into a fully-fledged multi-purpose building at Berakhah Medical Centre, made possible through the generosity and partnership of our supporters.

The new facility now houses a modern kitchen, a canteen, therapy rooms, and essential utility spaces significantly strengthening our capacity to deliver integrated, high-quality services to children and their families.

The building will be fully operational at the beginning of the new year.

After five years of relying on a temporary kitchen structure, we are grateful to transition into a more permanent, functional space. The temporary kitchen will then be dismantled to pave the way for the construction of our upcoming surgical unit, marking yet another important step toward our vision of delivering comprehensive, accessible, and coordinated care under one roof.



Challenges

- There is a limitation in the variety and number of pediatric assistive devices available to support the rapidly growing number of beneficiaries.
- Several children need surgical interventions, especially orthopaedic interventions, to enable them to achieve their milestones.
- Our toilet and kitchen facilities at the Kampala Centre are no longer adequate enough to serve the growing number of children who visit each day. This shortage has created significant strain on hygiene, meal preparation, and overall service delivery, highlighting the urgent need for facility expansion to ensure a safe and healthy environment for all.

Urgent Needs

- Tablets and software for data collection.
- Assistive Devices, especially pediatric supportive wheelchairs, walkers and positioners.
- Specialized Pediatric wheelchairs for children with moderate to severe seating challenges
- Therapists, including Physiotherapists and Speech and Language Therapists.
- Kitchen and toilet blocks at Mukisa, Kampala Centre.
- Surgical Wing at Berakhah Medical Centre.
- Newer vans and a truck to meet our transport needs





WUKISA FOUNDATION

Domestic Tax Law 2019

TESTIMONIALS

Handwritten notes on a grid-lined notebook page, including the word 'Creative' and some illegible scribbles.

Hope Realised

In the year 2025, we have seen extraordinary growth and transformation in the lives of children supported through our health and therapy services. With each intervention, assessment, and session, children have been empowered to overcome complex challenges, reach new developmental milestones, and discover their own strengths.

From Speech, Occupational, and Physiotherapy to Mental Health Support, every child's journey reflects the profound difference that early intervention, compassionate care, and professional expertise can make.

As we look back, we are honoured to share stories that celebrate determination, progress, and newfound confidence. These children and their families have demonstrated remarkable resilience. Their experiences highlight the life changing impact of accessible, high-quality healthcare and therapy services, and they affirm the purpose that drives our work every day.

The stories below showcase not only individual achievements, but also the collective success of our committed team and our comprehensive, holistic, child-centered approach. They are living proof that with the right support, hope grows, abilities strengthen, and futures open.

Hear for yourself! Watch our beneficiaries in the linked videos

A Story of Hope: Hosea Mutukuvu's Journey to Independence

At four years old, Hosea was diagnosed with Delayed Developmental Milestones, secondary to mild Cerebral Palsy and as a result of delayed intervention. He experienced weakness in his lower limbs, poor balance, and limited coordination, all of which affected his ability to move independently and participate in everyday activities.

Through consistent therapy, his program focused on strengthening muscles, balance, and stability exercises. He was also provided with a gait trainer to support gait training at home, and his caregivers were guided to continue the exercises as part of his home program. Gradually, he gained strength, control, and confidence.

Over time, his gait became more coordinated and his speed, stability and endurance improved significantly.

Today, Hosea can stand and walk independently. He can feed and dress himself, as well as use the toilet, and take care of his personal hygiene. He actively plays with his peers and participates in daily activities with confidence. Because of his tremendous progress, Hosea was successfully discharged at the end of the year and is now ready to begin mainstream schooling, opening up a new chapter of learning, friendship, and independence.



[Watch Hosea Mutukuvu's story](#)

Education

Tracy Nabagesere: A Story of Strength and Support

My name is Tracy Nabagesera, I am 19 years old, and I live with Epilepsy and an Intellectual Disability. Before I came to Mukisa Foundation, life was difficult. I was often unwell, experiencing frequent seizures with little access to proper healthcare. I felt weak, tired, and unsure of what the future held.

But everything changed when I joined Mukisa. I began receiving regular medical care and nutritious meals that helped me regain my strength.

Today, I am thriving in the Vocational Training Class, and I love it. My teacher, Tr. Ratifah is kind and patient. She guides me through many lessons, and I have even learned how to count. At home, I help my grandmother count money, something I am very proud of. I am also making new friends, learning practical skills, and growing more confident every day. What makes me even happier is that my mother now works at Mukisa, supporting other families just like ours. That means the world to me.

I feel healthier, happier, and more hopeful than ever before. Being at Mukisa Foundation has given me the chance to live, learn, and believe in my future.



[Watch Tracy Nabagesere's Story](#)

Meet Naggirinya - From a Beneficiary to an Advocate

Tracy Naggirinya, now a 20 year old law student and Administrative Intern at Mukisa Foundation, first joined the Mukisa family at the age of 3, following a medical complication that resulted in developmental delays. Through the dedicated support of our Health, Rehabilitation and Education Support Programs, Tracy transitioned from early therapy into mainstream education, an inspiring journey of growth and determination. Her mother also became a beneficiary of our Social Economic Empowerment Program, receiving both training and a startup grant that helped stabilize the family's livelihood.



[Watch Tracy Naggirinya's Story](#)

This foundation of support created the environment Tracy needed to thrive academically and personally. Today, Tracy is not only pursuing her dream of becoming a lawyer, but is also a passionate advocate for the rights of persons with disabilities. Her story is a powerful testament to the impact of Mukisa's holistic, family-centred approach, and a shining example of how early intervention and sustained support can lead to long term transformation.

Self Help Groups

Empowering Parents to Lead Change in Their Own Lives

This year, our Social Empowerment Department continued to focus on strengthening families as the foundation for inclusive communities. Our success story for the year is captured in the theme “Parents owning life’s challenges and finding individualized solutions.”

Throughout the year, we witnessed parents of children with disabilities identify their own challenges, reflect on possible solutions, and seek support that best fits their individual needs. This parent-led approach has resulted in greater confidence, increased problem-solving capacity, and stronger family systems.

By empowering parents in this way, we are creating opportunities for growth and helping to build strong, resourceful, and resilient communities where children with disabilities are able to thrive. As part of this initiative, five parent groups were supported to develop innovative business ideas. These groups were trained, mentored, and guided to structure their concepts and compete for a revolving grant of UGX 3,000,000 to invest in their group enterprises. Following a transparent assessment process, two groups emerged as winners, each receiving the UGX 3,000,000 grant to further develop and expand their businesses.

We are pleased to report that the registration of all groups was completed in accordance with government requirements, enabling them to operate formally and sustainably.

Although only two groups received the financial award, all participating groups demonstrated outstanding creativity, teamwork, and determination. Their participation reaffirmed an important truth: when communities unite and families are empowered, children with disabilities live better and more dignified lives.

We express our sincere appreciation to our partners, The Sharetrust and LCA Uganda, whose support made this work possible. Their partnership has strengthened our ability to ensure that every child with a disability grows up in strong, supportive, and resilient communities, beginning with empowered families.



Joining a group.
Small steps
Big impact.

OUR SELF GROUPS MODEL

The Teenage Mothers' Program

Meet Florence

Florence Namuyige, age nineteen, is the fourth of five siblings and lives with her Aunt. At seventeen years old, she became pregnant after a boy she trusted made empty promises and later denied responsibility.

Though her mother was disappointed, she still gave Florence a chance to complete her exams, even as the pressure made school overwhelming. After giving birth to her son, who now has developmental delays, Florence felt lost about what came next.

Joining Mukisa Foundation brought hope.

With a love for fashion, she started a tailoring course and has grown in confidence, while her son also benefits from therapy. Florence is grateful for the guidance they have received and wants other teenage mothers to know they can find support and still chase their dreams.



Recognition by the Buganda Kingdom

A Milestone in Our Collaboration with the Buganda Kingdom

This year, we were honoured to be recognised by His Majesty, the Kabaka (King) of Buganda and the Buganda Kingdom for our work with children with disabilities and their families. The award, presented during the Kingdom’s Disability Day Celebrations at Bulange – Mengo, marks an important moment in our 20 year journey.

For two decades, we have stood alongside children with disabilities, advocating for their rights, supporting their growth, and empowering their families. The celebration, held in honour of International Disability Day, brought together leaders from the Central Government, the Buganda Kingdom, Civil Society, and Disability Communities. Their presence reflected a shared commitment to dignity and inclusion.

This recognition strengthens our resolve to:

- help children with disabilities reach their full potential,
- reduce preventable disabilities in our communities,
- stand up for the rights of children with disabilities everywhere.

We extend heartfelt gratitude to His Majesty, the Kabaka, and the Buganda Kingdom. Their recognition encourages us to continue building a society where every child with a disability can thrive.

“Wangala ayi Ssabasajja.” – “Long Live Oh King.”



Thank you!



PARTNERSHIPS AND AFFILIATIONS





...hope for children
with special needs.

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